

# Counseling at



# Sacred Wandering

10134 N Port Washington Road  
Suite G  
Mequon, WI. 539092

<https://counseling.sacwan.net>

414-433-9193

BECAUSE EVERY JOURNEY IS SACRED

## Winter Updates

by Kenneth J Nelan [Kenn]

Though forecasters are predicting a mild winter, in comparison with the 30-year average, many meteorologists are predicting a “bookend” winter – cold and snowy conditions at the beginning and end with mild conditions in the middle. As you all know by now, I would much rather be safe than sorry.

### Winter Weather Cancellations

Yes, I drive a truck that has 4-wheel drive, but many of you do not, and as you all know, I do not play with people’s lives. Therefore, the office will be closed when there are 2 or more inches of snow ON THE GROUND that has not been plowed AND there is a forecast for more snow.

During the last couple of years, we’ve had days where the weather-people “predicted” a large snowfall and we got bupkis – nothing - NADA. So this year I’m changing things up. There must be snow already on the ground or unsafe conditions in order for any of us to risk life and limb.

I’m also going to leave it up to each of you, that if you feel the forecast may be correct and do not want to come in, call me or use the client portal to reschedule (refer to the “article” on the Client Portal).

As always, when in doubt, contact me, but otherwise let’s stick to the new two or more inches and we’re scrubbing the office hours.

Now, what happens if we’re in the middle of the day and already at the office – I will leave that up to your best judgment. If I’m here and a snow storm hits – I have 4-wheel drive and I drive like a grandfather. If you don’t – please do NOT risk your life.

This will be the first year I will use the website and our Facebook Page for closure announcements.

Be sure to bookmark  
<https://counseling.sacwan.net>

and/or

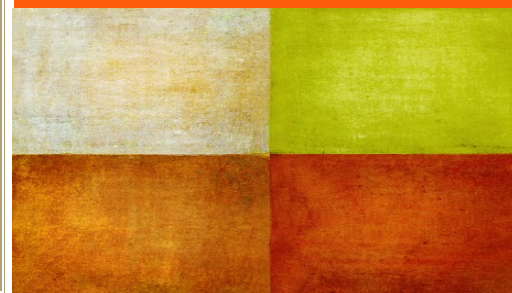
[www.facebook.com/CounselingSacWan](https://www.facebook.com/CounselingSacWan)

for updates.



## Winter Is Near;

Here’s what you need to know.



IN THIS ISSUE



### Unavailable Dates

I will be unavailable on the following dates for religious obligation or national observance. As always, I will be available by phone on a limited basis for emergencies EXCEPT on the religious days of obligation.

Next Page

### Client Portal

Up at 3:00am in the morning? Embarrassed that you have to change your appointment YET AGAIN? Don’t want to call for fear of the Wrath of Kenn (yeah, right)? Well, now there’s a way you can control your appointments yourself.

Somewhere in here...

### Feeling Ill? Don’t!

Up at 3:00am in the morning? Embarrassed that you have to change your appointment YET AGAIN? Don’t want to call for fear of the Wrath of Kenn (yeah, right)? Well, now there’s a way you can control your appointments yourself.

In the Portal Article... I think...

# Unavailable Dates

by Kenneth J Nelan [Kenn]

I will be unavailable on the following dates for religious obligation or national holiday observance. As always, I will be available by phone on a limited basis for emergencies EXCEPT on the religious days of obligation.

November 3, 2020  
General Elections - Please VOTE!

November 26, 2020  
Thanksgiving

December 24 & 25 2020  
Christmas Eve and Day

December 31 & Jan 1, 2021  
New Year's Eve and Day

January 18, 2021  
Martin Luther King Jr. Day

March 31 - April 2, 2021  
Holy Week (thru Easter)

There may be a week thrown in there somewhere that I will take off for self-care, but at this time, and due to the increase in Covid-19 cases, I do not have anything planned. I will be sure to give everyone as much notice ahead of time as I can.

As with winter closures, these dates will be announced on both our website and Facebook page.

**If you have an emergency and cannot get hold of me, please use the following resources:**

If you're having a medical emergency - call 911.

If you're feeling the urge to hurt yourself, please call (800) 273-TALK (8255).

For all other emergencies, please use the following resource:  
[www.namigrm.org/crisis-lines-andwarmlines](http://www.namigrm.org/crisis-lines-andwarmlines)

## DID YOU KNOW?

By dialing 2-1-1, you can be quickly connected to resources in your area, including the Milwaukee, Waukesha, Kenosha, Racine, Ozaukee, Washington, Dodge, Jefferson, and Walworth counties.

# Client Portal & Feeling Ill

by Kenneth J Nelan [Kenn]

Up at 3:00am in the morning worrying about the impending snow storm? Embarrassed that you have to change your appointment YET AGAIN? Don't want to call because the Wrath of Kenn (yeah, right) is just too much to bear (get it... Buddy the Bear?)? Well, now there's a way you can control your appointments yourself - the Client Portal!

You can either ask me to hook you up to the portal or you can go to this link to get started:

<https://sacwan.clientsecure.me/>

Either way, you can now control your own appointments.

## Feeling Ill? - Don't come to the Office!

I want to thank everyone who have cancelled appointments because they were not feeling well! Even though I wipe everything down and spray Lysol like a mad-man, there is always the chance of passing something on without ever knowing we have.

Therefore, if you are feeling ANY KIND OF WAY - whether you have the common cold or are dying from a really bad case of the Plague, please leave your germs at home. Buddy will thank you! 😊



*Buddy still loves hugs, and really enjoys when people pay attention to him. He watches over the office 24/7 and sometimes gets lonely. Won't you give him a hug the next time you see him?*